

GEELONG GRAMMAR SCHOOL

PRESENTS

DISCOVERING MORE POSITIVE EDUCATION 2019

ENRICHING YOUR POSITIVE EDUCATION PROGRAMME



This multi-day course explores the applied nature of ten emerging Positive Education concepts, giving participants a deeper insight into the science of Positive Psychology that underpins the best Positive Education programmes around the world. This advanced course is targeted at those who have completed the elementary training courses to have a more in-depth understanding on the practice and application of Positive Education.

Date: June 28 - 30, 2019 (Friday to Sunday)

Time: 08:00 to 18:30 (May vary over 3 days)

Venue: Jao Tsung-I Academy

Course Fee: HK\$8,000/person

**Registration Deadline:
May 28, 2019 (Tuesday)**

Register Online (Starts at 12 noon on April 2, 2019):

<http://www.positiveeducation.org.hk>

*REGISTRATION WILL BE CLOSED ONCE THE COURSE IS FULL.

TO ENCOURAGE PROFESSIONAL DIALOGUES BETWEEN SCHOOLS AND INSTITUTES, PLEASE NOTE THAT THE MAXIMUM NUMBER OF PARTICIPANTS PER SCHOOL OR ORGANISATION WILL BE LIMITED TO 5.

PARTICIPANTS OF THIS COURSE MUST HAVE ATTENDED THE "DISCOVERING POSITIVE EDUCATION" COURSE BEFORE.

Speaker:



GEELONG GRAMMAR SCHOOL
EXCEPTIONAL EDUCATION

INSTITUTE OF
**POSITIVE
EDUCATION**

Supporter:



北山堂基金

Bei Shan Tang Foundation

ABOUT THE COURSE:

In this 3-day course, participants will alternate between different modes of learning, including seminars, plenary sessions and breakout sessions which will be conducted by the team of professional trainers from Geelong Grammar School ("GGS"). Each session will begin with an engaging plenary for the introduction of new topics, follow by breakout sessions where participants can discuss and share their ideas with each other intimately in a small group setting. In order to build upon participants' understanding of Positive Education, ten new topics will be introduced such as curiosity, kindness, grit, humor, hope, meaningful work and so on, which are closely interconnected with the key learning areas taught in the elementary "Discovering Positive Education" Training Course.

Participants will gain an understanding of how to:

- Inspire and harness curiosity
- Cultivate kindness and forgiveness towards self and others
- Foster passion and perseverance
- Explore the impact of physical exercise on mental health and learning
- Apply humour and playfulness in educational settings
- Use hope theory to support student learning
- Enhance positivity through savouring the past, present and future
- Gain and sustain perspective

Through active learning, self-reflection and sharing amongst groups, participants will have the opportunity to delve deeper into the science of Positive Psychology and to tap into their own personal encounters. The course will also endow participants with practical skills and first-hand experiences, with which they can bring back to their respective schools and institutions to foster a culture of well-being.

Here are some feedback and comments from our participants last year:

"The data and findings of scientific researches made the learning more comprehensive and convincing. The design of the whole workshop obviously took careful planning so that the impact was achieved. Ideas presented were very relevant to our school work and the activities planned were all well thought through. Through the experiences I have gone through, I became more confident and well-versed in implementing this at school."

(A Principal from a local Secondary School)

"The plenary and breakout helped me a lot, and the sharing from my classmates enriched the discussion. I will try to implement the elements of Positive Education into my work consciously."

(A Teacher from a local Primary School)



LIMITED SEATS, REGISTER ASAP!